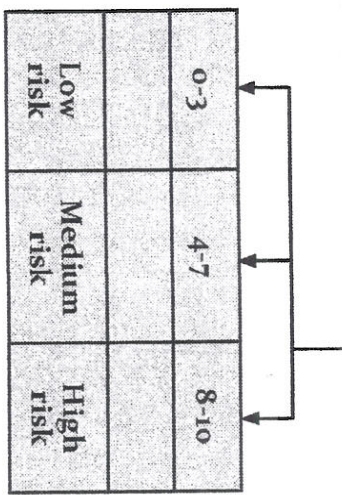


Questionnaire and observations for early identification of asylum seekers having suffered traumatic experiences

Questions		Yes	No
<i>"Often" means : more than usual and causing suffering</i>			
1	Do you often have problem falling asleep ?		
2	Do you often have nightmares ?		
3	Do you often suffer from headaches ?		
4	Do you often suffer from other physical pains ?		
5	Do you easily get angry ?		
6	Do you often think about painful past events ?		
7	Do you often feel scared or frightened ?		
8	Do you often forget things in your daily life ?		
9	Do you find yourself losing interest in things ?		
10	Do you often have trouble concentrating ?		
Number of questions answered "Yes" \longrightarrow			

Rating :
Please mark the proper category with an X to indicate the level of risk of traumatisation



In case of a "medium risk" or a "high risk" rating the asylum seeker should be referred for medical and psychological examination !
A "low risk" doesn't exclude the possibility of the asylum seeker having suffered traumatic experiences. Symptoms may appear later. Another screening should be carried out.

Further observations (For example : the person cries a lot, doesn't react, pays no attention... / difficulties to understand the questions / special circumstances for the interview...):

These observations must be shared with the person

Name of asylum seeker : _____

Date of birth : _____

Country of origin : _____

Date : _____

Organisation (stamp if possible) _____

After the review a copy of the Questionnaire should be given to the asylum seeker with the recommendation that he or she submits this paper whenever meeting with a Health Care System professional, a legal advisor or a reception official.